

# Maundy Thursday



Maundy comes from the Latin, "[mandatum](#)" meaning, "command", reminding us of Jesus' command in John 13:34, "[Love one another](#)"

A Prayer labyrinth is a path, which leads to the center of an intricate design and back out again. There is only one path through a Labyrinth; it is not a maze. A Labyrinth is designed for ease of navigation.

As you move through the labyrinth you may notice you move closer and further from its heart again and again. Imagine this is a journey to the heart of God. It is not a direct path, rather it is a slow meandering journey towards the center. It is not meant to be fast, it is meant to be transformative. Don't feel that you need to hurry, instead be patient and wait on the Lord. Recognize that this journey can be a metaphor for your life.

For Maundy Thursday, we invite you to reflect on the additional image of '[coming out of the desert of Lent](#)'.

No one comes out of the desert the same they went in. How have you changed over Lent? In what way have you met God in this season?